

By promoting good brain development and positive parenting, Parents as Teachers sets children on successful educational paths, ultimately leading to decreased public spending and stronger communities.

### *Listening to NC PAT parents:*

*"I feel more confident as a mother having a PAT Parent Educator to talk with and observe my children."*

*"PAT helps me learn to teach my children"*

*"I've learned how to teach my baby a lot of things, to talk, play and understand. I know how to be a better parent."*

*"She (my parent educator) helps me with advice about how to best care for my children and about setting limits."*

*"It is very helpful. I feel less stressed."*

*"She has helped me to excel at being a mother, I really like this program."*

*"My children are learning more and so am I."*

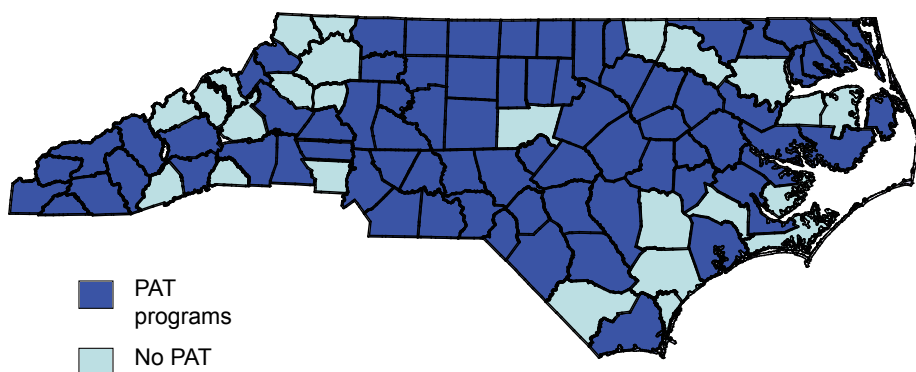
*"Thank you PAT."*

*A sampling of parent responses from NC PAT Programs, 2007 Report*



### *PAT in North Carolina*

In 2008 there are over 80 PAT programs in 75 counties. Current funding for NC PAT programs comes from Smart Start, public schools, and other early childhood programs.



#### **NC PAT One Year Impact (7/06-6/07)**

- 6,861 NC PAT families enrolled
- 8,969 NC PAT children served
- 1,464 Group meetings held
- 3,903 Families linked to community resources

*From 2006-07 PATNC Annual Program Report.*

The 2000 North Carolina census estimates there were 539,000 children under age 5 in North Carolina. NC PAT now serves less than 3% of children ages 0-5 in North Carolina. While Parents as Teachers is in most NC counties, there is a current need for expansion of this research-based home visiting program.

All North Carolina families and children ages 0-5 can benefit from Parents as Teachers.

We thank you for your interest and welcome your support in our efforts to make PAT available to more parents and children in North Carolina.

Contact your nearest PAT program and join us on a home visit to learn more about this evidence-based program.



### *Contact Parents as Teachers:*

Robin Roberts  
NC PAT Network  
3803-B Computer Drive, Suite 205 | Raleigh, NC 27609  
(919)571-8092 x15

[ncarolinapat@aol.com](mailto:ncarolinapat@aol.com)

[www.ncpat.org](http://www.ncpat.org) | [www.parentsasteachers.org](http://www.parentsasteachers.org)





*Kids Don't Come with Directions.*  
Parents as Teachers can help.

## NORTH CAROLINA PARENTS AS TEACHERS (NC PAT)

Parents as Teachers is an evidence-based home visiting program with demonstrated outcomes in school readiness and child maltreatment prevention.



### *Studies report:*

- PAT children have higher school readiness scores than non-PAT peers.
- PAT increases parent involvement and participation in their children's school activities.
- PAT in conjunction with preschool experiences effectively closes the achievement gap between low income and moderate/high income children.
- PAT is an effective prevention program for child abuse and neglect.

-- To learn more go to [www.parentsasteachers.org](http://www.parentsasteachers.org) -- follow links to Research and Evaluation

PAT serves families of children from prenatal to kindergarten entry through

- Personal visits by a trained parent educator
- Group meetings with other parents and caregivers
- Screenings of children to identify health and developmental concerns
- Referrals to professional or community resources

### *NC PAT Supports Families*

- NC PAT provides support to families struggling with special challenges. 76% of NC PAT families have at least one risk factor (*Table 1*).
- NC PAT provides child development information to parents. On average, over 95% of parents participating in PAT home visits report an increase in their knowledge of child development.\*
- NC PAT provides information on parenting issues. 97% of NC PAT parents state they now use better ways to handle their child's behavior.\*

*\*Data gathered from sampling of 2006 year end program reports.*

### *NC PAT Supports School Readiness*

- NC PAT utilizes the research-based Born to Learn™ curriculum focusing on early learning, literacy, and early brain development.
- NC PAT families are provided information and activities to prepare their children for school success.

### *NC PAT Supports Children's Health*

- NC PAT helps keep children up-to-date on immunizations. 94% of 2 year olds in PAT are up-to-date on immunizations, while statewide only 82% of 2 year old children are fully immunized (*2007 NC Child Matters report*).
- NC PAT children receive annual developmental screenings. Children with suspected health or developmental concerns are referred for further evaluation and services. 90% of NC PAT children referred have received services.
- NC PAT detects delays and refers children for early intervention which results in long-term savings. In 2006, 579 children were referred for early interventions services as a result of screenings completed through their PAT program.

### **Table 1: PAT Family Challenges**

- 57% Low income homes
- 32% Parents have less than a high school diploma
- 28% Single parent homes
- 26% Parents with limited English proficiency
- 21% Parent involvement with Mental Health or Social Service agencies
- 13% Teen parents

*From 2006-07 PATNC Annual Program Report.*

